Beaverlodge Physician Receives Award

F
ollowing a review of the 24 outstanding candidates nominated this year, Dr. David P. Miller of Beaverlodge was selected as the 2003 Recipient of the Alberta Rural Physician Award of Distinction, based on his well-rounded contributions to rural medicine, and his noteworthy contributions to teaching and to the Beaverlodge community. Dr. Miller received his award June 14 at a community celebration, co-hosted by RPAP, honouring him as well as three other area physicians – Drs. Robert Crowe, John Hunter, and Paul Keith.

Born and trained in Ireland, Dr. Miller immigrated to Canada in 1970, where he has served the Beaverlodge community as a family physician for the past 33 years. He has not only maintained a busy practice there, but has also provided local, regional, and provincial leadership to rural medical practice and to his local community. Dr. Miller and his wife Irene have five children.

The Award of Distinction, launched in 2002, honours and recognizes the work of all rural physicians, especially those unsung heroes who provide Alberta rural communities with outstanding medical services and who also make huge contributions to medical practice and to their communities. It is presented annually to an Alberta rural family physician who has lived and worked in rural Alberta for at least four years, and who demonstrates a superior commitment and contribution to the community through medical practice, teaching other health professionals, conducting research, or volunteering in the community.

The Award of Distinction was developed by RPAP as one element in its comprehensive retention work plan. It is hoped that through increased recognition of their contributions, more physicians will choose to continue to live and practice in rural Alberta.
PAP is working to develop a formal research emphasis that is relevant to its mandate and stakeholders, and that holds to standards of excellence that characterize other RPAP program initiatives. In its 2002-2005 business plan, three ongoing research-related needs were identified:

The need to undertake research and/or support research conducted by others that addresses information gaps relevant to RPAP’s mandate, and other related initiatives;

The need to publicize findings of RPAP-supported research, and other relevant rural health research; and

The need to support practising rural physicians who wish to use research findings, or to conduct research relevant to rural medicine (e.g. provide information regarding available research resources, funding, training, consultation, support, etc.).

In February of this year, RPAP approved a Strategic Plan for Research to address the above needs. Following are some of the recent RPAP research developments that support the RPAP Research Plan. Stay tuned!

**Developments**

**New Research Participants**

Dr. Tony Irving and Dr. Cathy Scrimshaw (both practicing in Pincher Creek), are the latest RPAP-sponsored physicians to enroll in SEARCH.

Swift, Efficient Application of Research in Community Health (SEARCH) is an innovative program, through the Alberta Heritage Foundation for Medical Research. The program trains people in applied health research so they can ask and answer questions about priority health issues in their own communities. About 75 health practitioners have been trained to date in the “how-to’s” of conducting relevant research, accessing and assessing high quality information, and applying it to decision-making.

As well as improving the research capacity across the province, the SEARCH program fosters the development of a culture that recognizes the importance of evidence-based practice and policy-responsive research.

Other rural physicians, previously sponsored for SEARCH training by RPAP, include Dr. Ron Gorsche, and Dr. Carol Rowntree.

**Introducing Brenda Gaida**

RPAP Research Assistant

Brenda has considerable experience in health research and evaluation that she has developed through her work with the Alberta Mental Health Board, the Calgary Health Region, and the University of Calgary. For the first month or two, Brenda expects to be orienting herself to RPAP and its partners.

“One project I’m looking forward to working on in Lethbridge,” says Brenda, “is a presentation to medical residents on evidence-based medicine computer search methods. I am also starting to work on a compendium of RPAP operational surveys, internal research and external evaluations.

And in every issue of RPAP News, I hope to contribute to a new Research column providing the latest news and tips on conducting research and evaluation.”

Monica Kohlhammer, RPAP Rural Physician Consultant (South), will be Brenda’s day-to-day administrative contact. Dr. Doug Myhre, ARFMN Unit Director (South), and Dr. Ron Gorsche, RPAP Skills Broker (South) will be acting as Brenda’s RPAP evaluation/research leads.

Brenda may be contacted at (403) 275-1287 or at: Brenda.Gaida@rpap.ab.ca
Enrichment Training Provides Enhanced Surgical Skills

His specialty is quite a mouthful, but Dr. Peter Miles can be assured that the new skills he acquired through RPAP-sponsored Enrichment Training are needed in his health region. When he finished his last year of surgical residency in December 2001, Peter already knew he was going to locate in Grande Prairie. Since he was about six months ahead of the exam schedule, Peter decided to do some extra thoracic surgical training to bring up there.

Peter spoke with one of the surgeons in Grande Prairie and asked what additional surgical skills were needed. An audit determined that it was generally patients needing ERCPs (endoscopy retrograde cholangio pancreatography.) Peter was asked if he would take the necessary specialized training, and he said yes.

“I can do video endoscopic procedures on the bile ducts and the pancreas so we can treat strictures and diagnose cancers - all using these telescopes,” says Peter. “The procedures are used for diagnosis and more often for treatment.”

Last fall, following his eight months of Enrichment Training, Peter and his wife Kari and their two children moved to Grande Prairie last fall.

The Immigration Process Without a Lawyer

In February, we brought you the story of Dr. Johann van der Vyver and his wife Retha who are tackling the Canadian immigration process – without a lawyer.

After listening to a presentation at an RPAP-sponsored event and then looking at the immigration process outlined in RPAP’s new orientation guide, the High Level couple decided to work their way through the process themselves – a process which may take from one to two years to complete. Johann and Retha want to be granted permanent resident or landed immigrant status.

The last time RPAP spoke with the couple, Retha had just launched the process by ordering the application forms from Citizenship and Immigration Canada. She had also applied for a work permit and called the Human Resources Foreign Worker Unit to get that underway.

Once the application forms were received, Johann and Retha requested assistance from their Regional Health Authority (RHA). RHAs coordinate the immigration process. In Johann and Retha’s case, the RHA has completed the forms and the five necessary steps with Human Resources Development Canada, and their application to the Provincial Nominee Program (PNP) in Edmonton is in the queue for review.

Retha reports that as soon as you start the PNP process, assistance is available and that she has found staff in the PNP Office to be “very helpful and friendly.” Once their application is reviewed, recommendations will be provided that will help them finalize it before the couple sends it off to the Canadian Embassy for approval.

(You can follow along with our story by referring to RPAP’s Orientation Guide or the Recruiting and Immigration Steps for International Medical Graduates brochure - Section C).
The 12th Annual Spring Seeding was held May 29 - 31 at the Fantasyland Hotel in Edmonton. This annual RPAP-sponsored rural faculty development workshop provides opportunities to enhance precepting skills and to network for:

- rural practitioners who are part of RPAP’s Alberta Rural Family Medicine Network;
- rural preceptors for the U of A’s combined Family Medicine Program;
- and rural preceptors who are part of the Alberta Family Practice Research Network.

Thirty rural physicians and their families joined U of A faculty and guest speakers for a busy few days of learning and fun. Two themes were addressed at the workshop:

- Evidence-based Practice, and
- Teaching IMGs in Family Medicine.

The workshops got underway on Thursday evening with a pre-conference session related to searches for information on the Internet. On Friday, Dr. Martin Dawes – the new Chair of Family Medicine at McGill University, an author and international expert in the area of evidence-based practice – shared valuable insights and led discussions with the group.

The Saturday morning session was devoted primarily to teaching IMGs in Family Medicine. The main speaker for this topic was Earle Waugh, Professor Emeritus of Divinity at the U of A who has a special interest in other cultures.

The workshops also provided valuable “down time” for everyone. A family BBQ was held Friday evening, and children attending were delighted with the opportunity to play with some little animals provided by the Valley Zoo.

As students, we would like to thank RPAP for sponsoring the trip. We are very grateful for the opportunity to have gone. Special thanks to Bev Garbutt for all of her work as the RPAP Medical Students’ Initiatives Coordinator. The conference was a very valuable experience as it gave us a chance to meet several physicians and residents from other provinces and, through them, to gain insight into what challenges rural docs face in other regions. We really enjoyed getting to know the other students from across Canada who are interested in rural medicine, and the four of us got to know each other better on our long car ride.

The student-only session was especially good as a place to exchange ideas and program successes, and to realize how fortunate we are to be in Alberta, where there seems to be a solid commitment to the future of rural medicine. More student-oriented sessions might be appropriate at future conferences if student attendance remains high. The other sessions provided an excellent setting to see how the pre-clinical information we’ve been learning would be applied in a rural clinical setting.

Lastly, we were refreshed by the encouragement of family participation and the casual atmosphere throughout our time at the conference. We felt the support and sense of community within the realm of rural medicine. We would all strongly advocate sponsoring students to attend this conference in the future if funding is available. Thank you again to RPAP for sending us.
Take Your Best Shot!
RPAP Photo Contest Offers Prizes

It’s photo contest time again. Be sure to keep your camera handy this summer. Or, pull out the family photo album and check to see what pictures you have there! Once again, RPAP has lots of prizes for pictures taken by rural family physicians and their families. RPAP has an ongoing need for interesting visual elements that it can use on its website, displays, brochures, posters and other communication materials. Deadline for submissions is August 31.
This year’s theme should be a snap! Show us “a day in the life of your favorite rural physician.” There are three entry categories. Physicians:
• At work in their clinics and hospitals,
• At home or at play with their family, or
• Participating in community life.

All entrants will receive a small gift and winners will be awarded prizes. All entries must be accompanied by a signed photo release giving RPAP permission to use the photograph. Check out our website for more information at www.rpap.ab.ca

Focus on Kelowna Rural Conference
Conference held in May. We asked the students to provide some feedback on what they saw and heard.

U of C students inspired by rural practitioners

We were thrilled to be away from the lectures of medical school and to hit the road through the majestic mountain passes to Kelowna for the 11th Annual Rural and Remote Medicine Conference held by the Society of Rural Physicians of Canada. On arrival, we each placed a pin on a map of Canada to represent our hometowns. It was evident that the event was well attended by people from all over Canada – from Prince Rupert, British Columbia to Shelburne, Nova Scotia. The conference proved to be an excellent forum for physicians, residents, medical students and other health professionals to learn from one another and to share experiences.

Overall, the conference was a great experience. We were able to select our itinerary from a variety of seminars to suit our interests. For example, some of us chose to learn more about rural anesthesia and facial injuries, while others learned how to manage high-risk obstetrical cases. The conference also provided an update on the recent SARS outbreak. All of the seminars were both interesting and of high quality.

We enjoyed meeting with rural physicians and gaining insight into the joys and trials of rural medicine. It was inspirational to meet rural family practitioners that have acquired extra skills, either out of interest or necessity, to be able to deliver specialized care to their patients. We also had the opportunity to meet with other medical students from across Canada to brainstorm ideas about how to increase rural medicine interest, to educate students about rural opportunities, and to establish a nation-wide medical student rural interest group, of which both the University of Calgary and the University of Alberta are now involved.

We would enthusiastically like to thank RPAP, and RPAP’s Medical Students’ Initiatives Coordinator Bev Garbutt for providing us with the opportunity to attend this conference.

Shown in photo (left to right) Hughie Fraser, Kathy Unger and William Fortin. Missing from the photograph is Leslie Street.
RURALbits

RPAP Rural Physician Consultants Monica Kohlhammer (South) and Leah Lechelt (North) are a resource to physicians and their families, health authorities and community representatives. Following are some newsy items they have collected from their connections, travels and phone calls throughout Alberta over the summer months. If you need information or assistance relating to physician resource issues or RPAP programs, contact the consultants directly.

North

Drayton Valley husband and wife duo, Dr. David and Gloria Belcher, wowed rural spouses with their artistic talents at the annual Rural Physician Spousal Network Retreat in Kananaskis in March. Both David and Gloria are well established artists – he with an impressive photography portfolio and she with a full art studio in Drayton Valley – who volunteered their time to help rural spouses discover the passion of watercolour painting. The pair say their artistic pursuits are a welcome relief from the rigorous demands of being a rural medical family.

Grande Prairie is set to welcome this year’s first year Rural Alberta North Family Medicine residents (RAN) from the RPAP’s Alberta Rural Family Medicine Network (ARFMN) program. Host Dr. Sarah Brears, Grande Prairie Regional Site Coordinator, says the whole region is thrilled about their new residents, and they’re showing it by hosting a barbecue on July 5 for all incoming RAN residents based in Grande Prairie, spouses and the physicians in the city. “We’ve really enjoyed working with them this past year,” says Dr. Brears, “and we’re looking forward to a great year ahead.”

Office management training is emerging as a hot topic for spouses of Northern physicians. Often there aren’t office managers and bookkeepers in the area, so managing the business affairs of a medical practice falls to the spouse. To meet the growing need for professional development in this area, watch for news about office management and billing workshops in various regions.

Tofield, Falher, St. Paul and many other communities have established community planning teams to get a better handle on their local health resource needs in conjunction with their RHA. Some need more physicians, while others want to start using their existing facilities in different and creative ways. From creating foundations to surveying residents, all are helping their communities get more directly and actively involved in health services. The bottom line: increasing community accountability and input into local health planning helps to bring residents and health planners closer together.

12 community health councils in the Grande Prairie area are thinking of pilot testing the new RPAP Community Toolkit for Physician Recruitment and Retention. The toolkit, scheduled for release this fall by the Rural Physician Action Plan, will help communities understand why they should participate in physician recruitment, and what they can do to make their community attractive to potential physicians. It will include both tactical information and true success stories from around Alberta.

South

Monica Kohlhammer
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Region 1 (Lethbridge)
Physicians and their spouses in this region are active in piloting the Physician and Family Health Promotion Pilot. This project, jointly sponsored by RPAP and the AMA’s Physician and Family Support Program, focuses on enhancing the health and wellness of physicians and their families.

Region 4 (Red Deer)
• New physicians joining
This fall two new general surgeons will arrive; one from New Brunswick and one from U of C (Calgary). New family physicians will also be joining the communities of Lacombe, Innisfail and Sylvan Lake.

• Innovation and Retention
Dr. Dawson, VP Medical, will be organizing a workshop for residents and practising physicians with a focus on lifestyle.

• Research
A research plan is being formulated on behalf of the medical community with key physicians actively engaged in such activities. There is an opportunity, to be explored in the fall, for the regional medical plan to align with the RPAP Research Plan recently approved and under way.
Can the Rural Physician Spousal Network sponsor your next get-together?

If you’re the spouse of a rural physician and would like to get together with other local spouses to meet one another, learn new skills, or just catch up on each other’s lives, the Rural Physician Spousal Network can sponsor your get-together with event planning support and resources. It’s one of the best-kept secrets around!

In the past, we have sponsored get-togethers ranging in size from 5 to 100 participants, such as:

- Welcome Dinners for newly arrived physicians and spouses;
- Christmas Craft Afternoons;
- Workshop on Managing On-Call and Its Family Impact;
- Watercolour Painting for everyone - even the inexperienced;
- Lunch & Learn about surviving and thriving as a rural medical family;
- Cooking Demonstration on easy and healthy meals; and
- Fabric Painting and Lunch.

Rural Physician Spousal Network
– Advisory Committee members

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Not sure what might interest spouses in your area? Consider these possibilities:

- Scrapbooking Workshops- learn how to capture favorite mementos and photos;
- Drum Circle- learn about this spiritual Aboriginal custom;
- International Cooking- learn to make Indian, Thai, Italian, or other fare, and the cultural stories behind these foods!
- Humor in Medicine- lecture and workshop on laughing your way through life’s toughest challenges;
- Medical Office Management and Bookkeeping- for those who are doing the books, and want to become more effective;
- Careers for Immigrant Spouses- find out how the Alberta labor market works, and learn how to start a job search; and
- Community Fundraising- learn how to motivate your neighbours to raise funds for a pool, arena or other project.

We’re looking for ideas and organizers for local events throughout the province. If you’re interested in organizing an event in your community this year, please contact the nearest Advisory Committee member (see list) or contact Leah Lechelt, Administrator, at (780) 432-2829, email RPAP-Spousal@rpap.ab.ca
Dr. Cathy Scrimshaw is one of eight family medicine practitioners in Pincher Creek, located just north of Waterton Lakes National Park in the southwestern corner of Alberta.

Cathy began her post-secondary education in a degree program in cellular and microbial biology. While working in a research lab after graduation, she began to think about medicine as a career and, in 1984, was accepted by the U of C’s Faculty of Medicine. Cathy’s experiences during a clinical rotation in High Level set her on a career path to rural medicine.

Upon medical school graduation, she ventured east to Memorial University in St. John’s, Newfoundland for a residency in family medicine. This program was one of only two or three at the time that emphasized rural medicine, with a sizable amount of training done in smaller communities around the province. A four-month family medicine rotation on Fogo Island (off the northeast coast of Newfoundland proper) led to a further three and a half years working in the community after Cathy finished her residency.

During her Newfoundland experience Cathy began to understand what makes rural family practice so appealing to her - the breadth of medical exposure, the independence as a family physician, and the rural lifestyle. “Rural medical practice gives me the opportunity to offer more to my patients,” says Cathy, “and it allows me to practice to the full extent of my training.”

In 1992, Cathy, husband Gord and dog Buster moved to Pincher Creek where Cathy joined the Associate Medical Clinic. The couple was attracted to Pincher Creek because of family close by, the clinic’s innovative practice model (see story next page), and the town’s proximity to wildlands and wildlife.

Cathy is married to Gordon Petersen, an environmental design engineer, turned landscape and wildlife photographer. Both Gord and Cathy have a special passion for high latitudes and have traveled to the Arctic, the Antarctic, Patagonia and Australia in search of images and adventures.

Besides her medical practice, Cathy is also an executive member of the Alberta College of Family Practice, secretary for Transgenus International, a non-governmental organization working with indigenous peoples in grassroots development projects, and on a committee of the Allied Arts Council that brings movies from the Toronto Film Festival to the local theatre in Pincher Creek, with proceeds going towards the arts in the community.

“Rural medical practice”, says Cathy, “gives you the privilege of delivering babies and then watching them grow up; the privilege of being included at important points in people’s lives; and the privilege of comforting people when they get old. You are a member of the community, and experience both its joys and its sorrows. My experience in rural communities in Canada continues to give me a great appreciation for being a Canadian. From the outports of Newfoundland, to the culture of the Piikani nation, to the ranching community of Pincher Creek, I have seen the strength of rural Canada.”
Innovative Primary Care Model Offers Benefits to Patients and Physicians

A n innovative practice model at the Pincher Creek Associate Medical Clinic is providing quality health care to patients and at the same time, offering physicians involved both a satisfying professional practice and lifestyle.

“Dr. Juan Teran, and Dr. Anthony Irving are to be commended for their vision in setting up the practice model,” says Dr. Cathy Scrimshaw, one of the physicians involved. “Each physician comes into the group with their own specialty, which provides a basket of key skills for a primary care practice. We work to our full scope of practice.”

Through collective interest and collaboration, each of the eight physicians involved are able to take off from three to five months per year. With five or six physicians covering the town’s population of 3,200 and the catchment area of 12,000 at any one time, the physicians work out solutions to ensure patient continuity of care is as strong as possible.

“This model is sustainable,” adds Cathy, “because of the recognition of the needs of the patients, the skills of the physicians, and the satisfying lifestyle that the model allows. I believe the community recognizes they have had consistency of physicians with this model. We try to preserve an environment of cooperation.”

Calling All Artists and Artisans!

Is there an artist, photographer or artisan in your family? Has quilting, pottery, crafts or art provided fulfillment or helped your family to maintain balance? Whether you’re a closet artist or an established professional, we are looking for art works from rural physician families.

RPAP would like to begin profiling the artistic talents of rural physicians and their families. Some interest has been expressed in RPAP assembling a traveling art display that could be taken out to rural malls and art galleries.

If you would be interested in providing artwork for such a display or if you would like to help organize a site for the display in your area, please contact Rhonda Crooks, RPAP News Editor at (403)208-5401 or email Rhonda.Crooks@rpap.ab.ca
Dr. David Belcher and his wife Gloria have a love and passion for the arts. Following their immigration to Canada in 1969, the couple set up a practice in Drayton Valley, and raised a family in a home filled with music and art. A recent visit to their home and art studio provided an opportunity to see and hear firsthand how art brings satisfaction and balance to their lives.

“I got my first camera when I was about 14 for a school trip to France,” says Dr. David Belcher. He began taking pictures on that school trip and has been taking pictures ever since. Although David never formally studied photography, his beautiful photographs of flowers, landscapes, and people, show that he has learned much through trial and error.

“It is very satisfying,” says David. “Photography is a way of recording what one sees. And while I have spent many years providing that visual recording, now I’m trying to record what I feel. I do that by using special lenses to take very close up pictures of what I’m seeing — especially the little wildflowers. For me it is a form of spiritual expression.”

“I just kind of lose myself in it,” David continues. “I stop to take a picture of a flower, then decide I had better take two or three from different positions and different exposures. I walk a bit further, see another flower, and it’s the same thing all over again. Once I start taking photographs, time just disappears.”

While a few of David’s beautiful photographs have appeared in art shows in the province, many grace the walls of his medical clinic. And then there are hundreds more beautifully framed and waiting in boxes for a wall somewhere to become available.
“...In painting, you pursue your own thoughts and you follow through on them. Every painting is a new problem and you work to resolve that problem to your satisfaction.”

“I’ve always loved visual things – pottery, quilting, and painting,” says Gloria Belcher. “And as a little girl, I always wanted to paint. But my parents, like many others, discouraged me saying ‘there is no money in art.’ So I did something sensible and trained as a nurse and midwife.”

When the couple moved to Drayton Valley and began raising their family, however, Gloria was able to seriously pursue her interest in the visual arts and to further her art education. In addition, the couple built a two-story, A-frame studio with big windows that let in lots of natural light, so Gloria would have a setting conducive to painting.

“I just love it,” enthuses Gloria. “It gives one life. It gives one purpose. I find it very calming. It settles me down, especially when I am very busy and tense. In painting, you pursue your own thoughts and you follow through on them. Every painting is a new problem and you work to resolve that problem to your satisfaction.”

Gloria is involved in several art exhibitions each year because she belongs to both provincial and national arts groups. Many of her pieces have won awards and she has been asked to jury for the Alberta Foundation for the Arts.

Over the past few months, Gloria has shared her passion for painting with many rural physician spouses. Painting workshops have been held in conjunction with Rural Physician Spousal Network events in Red Deer, Kananaskis, and Fort McMurray.

“The workshops provide opportunities for physician spouses to come away from home, and to have the paints provided and the opportunity to experience painting. It helps them detach from all their personal responsibilities and to concentrate on something new – to feel that inner quietness and relaxation. It’s like another aspect of prayer,” continues Gloria.

Gloria’s passion for art caused her to help start the Fine Arts Society of Drayton Valley, and has also led to her involvement in other art organizations. She is a Past President of the Alberta Community Art Clubs Association and a Past Director of the Visual Arts Alberta Association.
Welcome
New Rural Alberta Physician Families

Please join us in welcoming the following physicians and their families who moved to rural Alberta since December 2002. The RPAP News will regularly welcome newcomers, using information supplied by the College of Physicians and Surgeons of Alberta.

FEBRUARY 2003
Dr. Jan Joubert – Claresholm
Dr. Alexander Louw – Peace River
Dr. Derick Rautenbach – Rimby
Dr. Andrew Reed – Canmore
Dr. Victor Starke – High Prairie
Dr. Steven Sutcliffe – Red Deer
Dr. Philip Vogel – Stettler

MARCH 2003
Dr. Michael Burger – Athabasca
Dr. Egbertus De Waal – Barrhead
Dr. Erin Gregory – Peace River
Dr. Michelle Hart – Daysland
Dr. Henri Klomp – Wabasca
Dr. Kesiree Naidoo – Wabasca
Dr. Samuel Ogbeide – Lamont
Dr. Anne Ogbeide – Mundare
Dr. Peter Scoates – Lethbridge
Dr. William Simpson – Grande Prairie
Dr. Matheus Van Zyl – High Level

APRIL 2003
Dr. Darryl Craig – Grande Prairie
Dr. Spinnler Benade – Fort McMurray
Dr. Pieter Bouwer – Oyen
Dr. Elizma Bouwer – Oyen
Dr. Pieter Cloete – Tofield
Dr. Francoise Dreyer – Hinton
Dr. Gert Du Plessis – High Level
Dr. Jacolette Hattinhgh – Grande Prairie
Dr. Muhammad Jogiat – Medicine Hat
Dr. Timothy Jordan – Manning
Dr. Jacobus Oosthuizen – Fort Vermilion
Dr. Alok Sood – Wetaskiwin

RURAL EMERGENCY MEDICINE CONFERENCE IN JASPER, SEPT. 12 – 13, 2003
Spouses and families are welcome to join us in Jasper for special events sponsored by the Rural Physician Spousal Network. Mark your calendar and watch for more details via email and in the next issue of RPAP News.

CALLING ALL MALE SPOUSES!
If you’re the male partner of a physician and would like to see more Spousal Network programming for men, please contact Administrator Leah Lechelt at (780) 432-2829 or RPAP-Spousal@rpap.ab.ca. We’d like to provide more opportunities for male spouses to get together for golf, fishing or cooking retreats – or even just to set up an email chat group for male partners. Call or email with your ideas.

Further information and details on the RPAP and its initiatives may be obtained from:

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